

CB South TRACK





XC SIGNUPS MONDAY, JUNE 12th 6:45 pm CB SOUTH FORUM ROOM

What is cross-country?

A race where a runner traverses across open country rather than following tracks or roads. Every cross-country course is different which adds to the excitement of the sport. Race both as an individual and score as team.

If you enjoy running track or would like to challenge yourself or just want to meet new friends, please attend this meeting and bring a friend who may be interested in participating. Your high school track journey begins with XC!!

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